**Active Body Clinic Ltd COVID-19 Risk Assessment**

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| Risk Identified | Actions to mitigate Risk |
| 1. Patient attending clinic infected /spreading COVID-19 | * Virtual screening to prevent and patient entering the premises who does not meet the following criteria: Any patient/practitioner who themselves have or anyone they have been in contact with in the last 14 days has shown any symptoms of COVID-19 or been in any way unwell at all must not attend clinic. Patients must be completely well for at least 14 days to attend. * In the event a patient tests positive in the 7 days following an appointment clinic will implement a Robust tracing system informing any patients seen in the 7 days following that patients’ appointment by that therapist. That therapist will also be required to not attend clinic for a period of 14 days after contact. * Hand sanitising stations on arrival and exit from clinic following appointment. Min 70% alcohol gel. * Social distancing between patients of 2m min at all times * Only one therapist in clinic in PHASE 1 15/6/20- 6/7/20 therefore only one patient at a time * Patients to enter premises no more than 5 mins prior to appt time * One-way system to separate entrance and exit to prevent patients crossing * Staggered appointments in PHASE 2. Room 1 on the hour and Room 2 on the half hour. * 15 mins between appts for adequate cleaning between patients * Patients to wear masks/face coverings where possible |
| Therapist spreading COVID-19 | * PPE used as per government guidelines * Only one patient at a time staggered by 15 mins * Screening process with therapist required to meet same strict criteria above for patients to attend * Any therapist who becomes symptomatic or has been in contact with someone presenting with symptoms must immediately inform ABC and stop seeing patients. They will not be allowed to return to treating patients until they have self-isolated for 14 days or had a test for COVID-19 which has returned negative * Track and trace system highlighted above * Stringent hand washing protocol between patients. This is highlighted in clinic protocol document |
| Hands on treatment risk | * Adequate PPE as per government guidelines * Positioning of patient avoiding techniques involving leaning over patients face * Only essential hand on treatment used * Social distancing of 2m for assessment and rehabilitation where possible * Stringent hand washing as per clinic protocol between patient s * Stringent cleansing of clinic room and any surfaces touched,   . This follows the PHE guidelines for infection control for COVID-19 |
| Clinic environment contaminated | * All equipment and hard surfaces disinfected with clinical grade disinfectant between each patient * Room sanitiser fogging bombs used weekly * After each shift through deep clean of the whole premises using clinical grade disinfectant daily. All hard surfaces to be included. (see clinic protocol document) * Staggered appointments to allow through cleaning between patients * Gym staff not to enter ABC areas * Electronic payment potions where possible * Hand hygiene stations for patients of arrival and exit. * Patients to bring own towel |